



AFTERCARE INSTRUCTIONS

**Aftercare is EXTREMELY important to follow to ensure retention of your strokes during the healing process.*

DAY OF TREATMENT/ FIRST 12 HRS

- Gently blot the area with clean tissue to absorb any excess lymph fluid. (Lymph is a clear fluid-like substance that might slightly ooze from eyebrow area.)
- You **may or may not** have any during this time. But if you do, we want to avoid letting it dry on the eyebrow area allowing it to form a crust.
- Blot every 5 minutes until all signs of oozing lymph have stopped.

DAYS 1-10: WASH & APPLY HUSTLE BUTTER

- Beginning in the MORNING of the next day, you will *gently* wash to remove any bacteria and dead skin. We recommend using Cetaphil, a gentle face wash. You can pick this up at any drugstore.
- Allow your brows to air dry for at least 5 mins. Brows should be 100% dry prior to moisturizing. Never apply Hustle Butter on wet or damp brows.
- Very gently, and thoroughly, pat dry with a tissue or paper towel
- Apply a very small amount of Hustle Butter with clean hands, and spread it across the treated area. Be sure not to over-apply, as this will suffocate your skin and delay healing. The ointment should not leave a noticeable shine or film on the eyebrows. Apply only enough to moisturize!

INSTRUCTIONS FOR WASHING

- Once in the MORNING & EVENING only, washing outside the shower.
- With a very light touch, use your fingertips to gently cleanse the eyebrows. Gently rub the area in a smooth motion following hair growth for 10 seconds, and then gently rinse with temperate water. Not hot!!! Make sure that all soap is rinsed away.
- ******DO NOT** use any other cleansing products containing acids (glycolic, lactic, or AHA), or any other exfoliant. You could use other face washes on the lower part of your face, but avoid the eyebrow/forehead area completely.



IMPORTANT REMINDERS

- Use a fresh pillowcase, and do not sleep on your face or eyebrows.
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring, and will cause loss of color. Your flakes will gently fall off by themselves when they are ready to.
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks after treatment.
- Avoid hot & sweaty exercises for at least one week. You can lightly exercise, but avoid exercises that will cause overexertion or extreme sweating.
- Avoid direct sun exposure and tanning for 4 weeks after procedure. We recommend wearing a hat when outdoors. Once fully healed, be sure to protect your eyebrows with SPF. Prolonged sun exposure may cause premature fading.
- Avoid taking long hot showers for the first 10 days. Also when in the shower, avoid water completely on the eyebrow area. You will only be gently washing them in the morning and evening, outside of the shower, and with temperate water.
- Avoid swimming of any kind, until your eyebrows have completely healed.
- Avoid applying any type of makeup to your brow area. Do not get any concealer, powder on the area for at least 2 weeks.
- Keep your hands off of the eyebrow area. Avoid picking or scratching the treated area. (If you have any itching during healing, you may apply a small amount of Bactine.)

IMPORTANT NOTE ABOUT SHOWERING:

You will want to limit the time you spend in the shower. Avoid using very hot water, which creates steam. Steam will create unwanted moisture on the face. You can even cover your forehead and eyebrow area with a shower cap as you wash your body.



WHAT TO EXPECT AFTER YOUR PROCEDURE

- Slight redness or discomfort may be present for the first two days. This will resolve itself. DO NOT apply Hustle Butter until day after procedure.
- After your procedure, the color will appear darker as it begins healing.
- If you strictly follow your aftercare, you should have very minimal flaking beginning around the 5th day. DO NOT pick, scratch, or peel off any skin, as this will pull pigment out.
- Continue avoiding water besides when washing your face in the morning & evening until ALL flaking is complete.
- As your eyebrows heal, you will see the strokes widen, and the color will soften.
- Once flaking is complete, there will still be a nearly invisible layer of skin that will make your color appear faded. Within the first two weeks after flaking, you will notice some of the color coming back through as the skin continues to repair itself.
- Depending on skin type and proper aftercare, it is not unusual to see a few strokes fade or disappear from the skin.
- After your 6-8 week healing period, we will see you back for your fill appointment because microblading is considered a two-step process. During this appointment we will go over current strokes to ensure the color and stroke longevity and replace any strokes that have disappeared/ faded. Three months should be the maximum amount of time before your touchup. You do not want them to fade excessively

***Even after your brows are completely healed, it is still important to take care of them. Use proper SPF for sun exposure, avoid any harsh chemicals or abrasive treatments to the brow area, and continue using your hustle butter for continued aftercare.*